



2019

# FAMILIES FOR FAMILIES

...

QUARTER THREE



[WWW.CAREFORAIDS.ORG](http://WWW.CAREFORAIDS.ORG)

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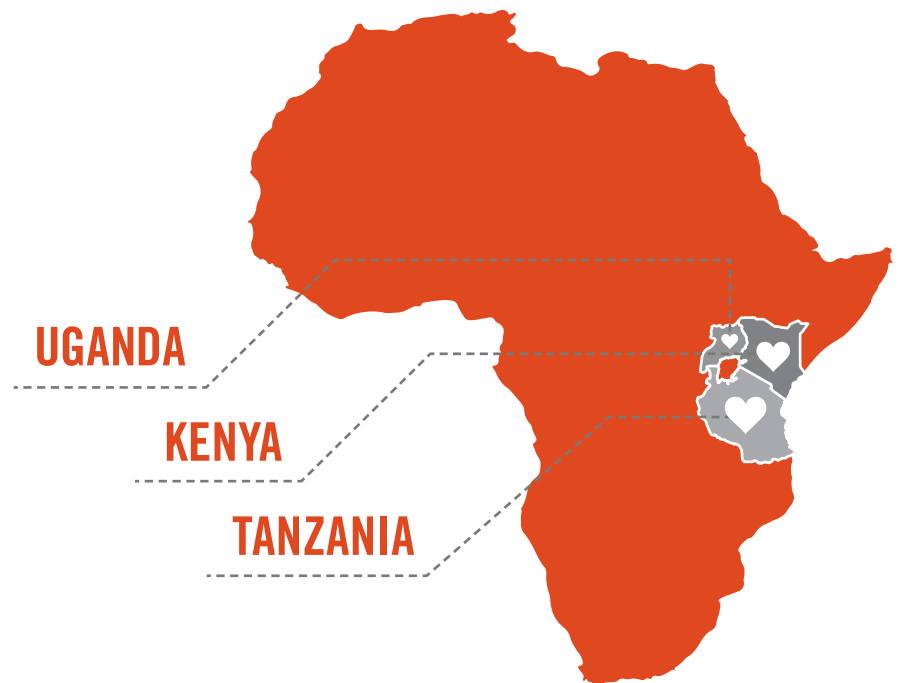
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# WELCOME!



We are so glad you have joined us! We are a group of parents who desire to live out our faith and to love Jesus and others while teaching our children to do the same. We have created this toolbox to come alongside you and make serving other families easy for you! Each quarter, we have a virtue and memory verse we focus on, an East African family we get to know better, and a service-related project to raise awareness for CARE for AIDS and support families living with HIV/AIDS. Most of all, we want to make

it easy for you to create conversations around service, generosity, compassion, caring for others, and this exciting journey of faith! Each quarter, a new Families for Families newsletter will be released on the CARE for AIDS website with suggested activities, conversation starters, discussion questions, and more! We look forward to embarking on this journey with you and your family!

# WHAT IS CARE FOR AIDS?



For those of you who are new to Families for Families, watch this video to learn more about CARE for AIDS.

[CLICK HERE TO PLAY VIDEO](#)

**MISSION & VISION**



Want to watch a great video of a family who has been through the program? Check this one out as a family!



[CLICK HERE TO PLAY VIDEO](#)

**THE KARANJA FAMILY**





# HOW TO TALK TO YOUR KIDS ABOUT HIV/AIDS



## PRESCHOOL SUGGESTION

People with AIDS are sick, sometimes very sick, and we want to help them feel better!

## ELEMENTARY SUGGESTION

HIV/AIDS is a disease that makes your body too weak to fight off other diseases. Think of it like a cold. If you get a cold, your body is weak and tired and cannot protect itself against other infections. However, with HIV/AIDS, you can't catch it through the air like a cold, only through infected blood. So you can't get HIV/AIDS by high-fiving, hugging, or even sharing a drink or snack with someone who has the disease. If people with HIV/AIDS take their medicine every day, they can feel healthy and strong just like you and me. If they don't take their medicine daily, they get weaker and weaker until they can't fight off germs anymore.



VIRTUE OF THE QUARTER

# JUSTICE

DEFINITION

DOING WHAT IS RIGHT  
IN GOD'S SIGHT

VERSE OF THE QUARTER

“The LORD loves righteousness and justice;  
The Earth is full of His unfailing love.”

PSALM 33:5

# JUSTICE IN THE BIBLE



This is a great **RESOURCE TO WATCH** with your elementary and middle school aged children by the Bible Project!

**ISAIAH 30:18:** Therefore the LORD longs to be gracious to you, And therefore He waits on high to have compassion on you. For the LORD is a God of justice; How blessed are all those who long for Him.

**MICAH 6:8:** He has told you, O man, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God?

**PSALM 82:3-4:** Vindicate the weak and fatherless; Do justice to the afflicted and destitute. Rescue the weak and needy; Deliver them out of the hand of the wicked.

**PSALM 9:7:** But the LORD sits enthroned forever; he has established his throne for justice.

**PSALM 103:6:** The Lord works righteousness and justice for all the oppressed.

**PSALMS 89:14:** Righteousness and justice are the foundation of Your throne; Lovingkindness and truth go before You.

**PSALM 146:7:** (God) Who executes justice for the oppressed; who gives food to the hungry. The Lord sets the prisoners free.

**PSALM 36:5-6:** Your love, O LORD, reaches to the heavens; Your faithfulness to the skies. Your righteousness is like the mighty mountains; Your justice like the great deep.

**PSALMS 101:1:** I will sing of lovingkindness and justice; To You, O LORD, I will sing praises.

**PROVERBS 21:15:** When justice is done, it brings joy to the righteous but terror to evildoers.

**PSALMS 140:12:** I know that the LORD will maintain the cause of the afflicted and justice for the poor.

**HOSEA 12:6:** Therefore, return to your God, observe kindness and justice, and wait for your God continually.

**AMOS 5:15A:** Hate evil, love good, And establish justice in the gate!



# DEVOTION

Read Jesus Storybook Bible, “God to the Rescue!” or Exodus 3-13, or **WATCH HERE**.

God is a God who sees. He sees when we are sad, hurting or being treated unkindly, and is moved to compassion. There was a time in the Bible God’s people were slaves and being treated meanly and working without pay. God set up a rescue plan because this injustice was NOT going to continue! God used a man named Moses, a man who was adopted at a young age and had a stuttering problem. Moses didn’t feel like he could help rescue an entire group of people, but God didn’t need someone powerful or smart, just willing. So Moses repeatedly talked to Pharaoh, the most powerful man in Egypt, telling him to let God’s people go! Pharaoh did not want justice for these people, so he said no every time. God kept sending consequences for Pharaoh’s disobedience: frogs, bugs, sicknesses, but Pharaoh still wouldn’t obey. When Pharaoh finally lost what was most precious to him, he finally let them go.

God wants His people to show justice to one another. God does not think it is OK for people to treat each other meanly because of their skin color or the way they talk or dress. God wants to use us, just like Moses, to stand up for injustice and remind all people they are made in His image! Be a warrior for justice like Moses!

## DISCUSSION QUESTIONS

- What does justice mean to you?
- Where in your day can you bring about justice for someone else?
- Who are the people that need justice most in your life?
- Who are heroes of the last 100 years that have fought for justice for others?
- Can you think of other stories in the Bible where God uses people to bring about justice for someone else?

## CARPOOL CHALLENGE!

Be a justice warrior today by:

- Standing up for someone that is being made fun of.
- Helping someone if they have fallen down or dropped something.
- Encouraging a sad or lonely friend and remind them they are God’s child!
- Sharing the extra you may have with someone who doesn’t have as much.





# MEET MARY!



Several years ago, Mary got sick. Her husband had left her with their three young children, so she asked her sister to accompany her to the hospital. At the hospital that day, the doctor told her she was HIV-positive. Mary was devastated.

When her family found out, they rejected her. When she tried to visit their home, her brother hurt her and didn't allow her to share a meal or even water. After being rejected by family, Mary moved to a new part of Kenya with her children. She began to collect plastic bottles to resell. She barely made enough money for her family to survive, and she and her children often went 2 or 3 days in a row without food.

Mary learned about the CARE for AIDS program from other clients at the clinic where she got her medication, and she joined the program at the beginning of 2018. When she first joined the program, she felt bad about herself and felt so low and sad after all that had happened in her life. Through the counseling she received in the program, she has found a

new sense of pride and purpose. She learned she is made in the image of God! Mary has learned a variety of skills in the program--her favorites are business marketing and cake baking. She attends a savings group in hopes of soon having enough money to start her own business baking and selling cakes and pastries. Mary's life has changed completely since joining the program, and she is now able to support her children and live a life full of confidence and hope.

You see, Mary recognized her identity as a child of God even though her family told her the opposite. The workers at the CFA program saw Mary had been treated poorly and wanted to help. They gave Mary a voice in the community where she had been shut out. They made right what had been done wrong in Mary's life. Now Mary has an example of how to show justice to others in her life. God loves justice. His heart is for lifting up the poor, comforting the hurting, and making right the wrong in our lives.

## FAMILY ACTIVITIES



### HEY, THAT'S NOT FAIR!

Make an obstacle course with pillows, toys, etc. Blindfold one child and have them make it through the obstacle course and time them. Let another child go through without a blindfold and time them. Explain the feeling in our hearts of “that’s not fair” can sometimes expose an injustice. Now, have the child without the blindfold lead the blindfolded child through the course and see how the time increases and hopefully the falls and trips decrease! This is what happens when we use our kindness for someone else’s good. God wants us to do justice in this world. That may mean using our voice when someone is being made fun of or helping a friend when something bad or sad has happened.

### INJUSTICE CRAFT

Give one child clean construction paper, a lot of crayons and well-working scissors and the other torn or scribbled-on notebook paper, only one or two crayons and no scissors. Ask them both to create paper dolls, a paper airplane, or artwork. In life, we all start with different resources. God reminds us we are just stewards (caretakers) of all that is actually His. That means we should share with others who have less. This is justice: using our voice, our resources, and our kindness for those less fortunate than we are.



# LOVE & SERVE DAY ACTIVITIES



We want to put these discussions into action! We hope as a family, a group of families, a neighborhood, church or community, you gather and serve together around the theme of justice. God can use our service, just like Moses, to help the very people Jesus spent time with: the lonely, the sick, and the poor.

## **“LEMON-AID” STAND**

Spring and summer are in the air! Gather up your favorite lemonade mix, or if you want some helpers in the kitchen, then get out that old juicer and make it from scratch! Let the kids make signs and find a great spot to set up a table in your neighborhood or park. Have your profits be another lesson on stewardship as you GIVE, LIVE and SAVE the earnings! Make a sign stating that a portion of your proceeds goes to CARE for AIDS! Just \$25 will sponsor a family for one month in this life-changing program! Orphan prevention is one of the purposes of CARE for AIDS, so let the kids take ownership in such a great purpose. You can even join with another family or two and combine your yard sale

and “Lemon-AID” stand. The more the merrier! [CLICK HERE TO DONATE.](#)

## **YARD SALE**

Spring is here! Gather the kids and clean out those closets and toy bins. Talk about the purpose of “stuff.” It meets a need or want for a time, and then we can pass it along to someone else. Let kids write prices on stickers and stick them on the items. Have them help make signs and posters and organize their stuff to sell. This can be a great family activity! Let people know your yard sale benefits a cause like CARE for AIDS. You can even accept donations! Donations can be made online on a laptop or mobile device [HERE.](#)

## **OTHER GREAT IDEAS FOR SPRING AND SUMMER**

Several of our Families for Families readers have done kickball tournaments with an entry fee per family, rice and beans nights (donating the amount usually spent on dinner to a CARE for AIDS family), bake sales, dog or car washes, and more—the opportunities are endless!



# RESOURCES



## PRESCHOOL & UP ON YOUTUBE

MLK Jr. by Kid President

## ELEMENTARY/MIDDLE SCHOOL & UP ON NETFLIX

The Kindness Diaries, Seasons 1-2

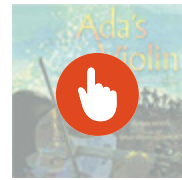
On the Way to School

Living on One Dollar

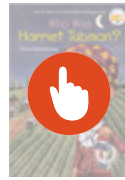
## BOOKS & STORIES



**GOD MADE ME AND YOU**  
BY SHAI LINNE



**ADA'S VIOLIN**  
BY SUSAN HOOD



**WHO WAS HARRIET TUBMAN?**  
BY YONA ZELDIS MCDONOUGH



**WHO WAS MARTIN LUTHER KING, JR.?**  
BY BONNIE BADER



**THE INVISIBLE BOY**  
BY TRUDY LUDWIG

# HOW TO SHARE WITH OTHERS



As the author, Chris Marlow, said, “Doing good is simple.” So let’s gather our friends and family to do lots of good! Use this newsletter as an opportunity to rally your community, your small group, your

moms’ group, and your neighbors! Use the hashtag **#FAMILIESFORFAMILIES** on all your social media outlets so we can see the ways God is using families and small groups to impact families in East Africa!

# PRINTABLES

## THEME

**JUSTICE:** Doing what is right in God's sight

## VERSE

*“The Lord loves  
righteousness and justice;  
The Earth is full of His  
unfailing love.”*

**PSALM 33:5**

## MEET MARY!

Left by her husband to care for her three children, Mary found out she was HIV positive. On the heels of this devastating news, her own family completely rejected her because of her diagnosis. Mary was sick, alone, and sad. Then Mary found out about the CARE for AIDS program and her life changed completely. She learned a variety of skills in the program and attends a savings group in hopes of soon having enough money to start her own business. The workers at the CFA program saw Mary had been treated poorly and wanted to help. They gave Mary a voice in the community where she had been shut out. They made right what had been done wrong in Mary's life. She is now able to support her children and live a life full of confidence and hope.